

# Aspasa Leading Practices

## “Ensure a Healthy Workplace”

Good sanitation and hygiene are important in maintaining a healthy workplace. Many illnesses can be contacted from poorly maintained facilities due to bacteria, viruses and mould growth. Accumulations of waste and trash attract vermin and insects. Good housekeeping and a clean working environment promotes positive morale.

### Best Practice:

- Shower and toilet facilities should be properly cleaned and disinfected. Proper PPE should be worn.
- Lunchrooms, tabletops and counters must be kept clean and sanitised.
- Food storage and processing units (refrigerators, stoves, microwave ovens, etc.) must be kept clean and sanitised, too.
- Workstations and equipment cabs should be cleaned and maintained free of debris and trash.
- Hand washing stations should be available and maintained.
- Regular inspection and action plan to eliminate excessive accumulations of trash should be implemented.